

Year 12-13

The Personal LORIC

Leadership Whether you love football or not, Jurgen Klopp, manager of Liverpool FC, shows how his leadership has turned the team around. Watch the clip. Do you agree that this is what a leader should be? https://www.youtube.com/watch?v=4jWZVtkJdCO	Leadership In any job, you will come across so many different styles of leadership, some good, some not so good. Simon Sinek explores ' <i>How great leaders inspire action</i> ' In this TED talk. https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action	Leadership In a follow up TED talk, leadership expert Simon Sinek asks the question: what makes a good leader? Listen to his talk ' <i>Why good leaders make you feel safe</i> '. https://www.ted.com/talks/simon_sinek_why_good_leaders_make_you_feel_safe	Leadership If you are feeling brave, take a psychometric test to see if you are, or will be in time, a successful leader in your chosen career. https://www.psychometrictest.org.uk/leadership-test/
Organisation What does being organised mean? A tidy room, being on time, not forgetting birthdays? Write down five thoughts on what being organised means to you, and then select on how well you organise yourself. Then, set yourself a target for how you will be more organised.	Organisation Preparing for your next steps, whether it be university, an apprenticeship or a job, means a different kind of organisation than school. The video below gives 6 tips to help you. https://www.youtube.com/watch?v=lahnCN3PxV8	Organisation Be prepared for your next interview: research the company and the leadership team so you know their background, values and ethos. It will be sure to impress your future boss/bosses.	Open Minded If you are starting a new job, apprenticeship or starting university, make sure you have researched the transport to get you there. Look on google maps and plan your journey, whether that be on foot or public transport, to ensure you are not going to be late for your first, and subsequent, days.
Resilience Write down a time where you have overcome a barrier and shown resilience. How did you feel when you hit the barrier? How did you feel when you overcame it?	Resilience What barriers are you likely to face in the next chapter of university, apprenticeship or work? Write down five things you are worried about and five possible solutions.	Resilience How do you cope with rejection? These ten talks, 'Talks to help you shake off rejection', might just help to inspire you. https://www.ted.com/playlists/234/talks_to_help_you_shake_off_rejection	Resilience 'The Science of Resilience' asks the question 'is resilience in our genes?'. An interesting 28-minute radio programme that is well worth the listen. https://www.bbc.co.uk/programmes/b07cvhrs
Initiative When did you last take the initiative to do something without being told or asked? Write down three examples of where you have shown initiative and how it made you feel.	Initiative Random acts of kindness are often described as taking the initiative. Try and do a random act of kindness for someone you live with. Click on the link for some ideas. https://www.mentalhealth.org.uk/blog/random-acts-kindness	Initiative Whatever your next step, take the initiative to complete a short online course. This could be a MOOC (Massive Open Online Course) on a subject of your choice www.futurelearn.com	Initiative Take the initiative to learn a new skill, for example sign language. BSL offer a free taster British Sign Language course here: https://www.bslonline.co.uk/join-a-course/
Communication Non-verbal communication (body language) is just as important as the spoken word. It is often the case that body language gives away our true feelings. Find out more here: https://www.verywellmind.com/understand-body-language-and-facial-expressions-4147228	Communication <i>Mind Your Slangage!</i> This article gives arguments for and against slang and where it is acceptable to use slang. Read the comments section too and then have your say! http://news.bbc.co.uk/1/hi/magazine/8388545.stm	Communication <i>'The Art of meaningful conversation'</i> is a series of TED talks which help you to move beyond everyday small talk and help you to start conversations. https://www.ted.com/playlists/211/the_art_of_meaningful_conversation	Communication <i>Communication with Strangers</i> is a series of comic monologues exploring the awkwardness of making small talk with someone you don't know. An amusing and entertaining listen. https://www.bbc.co.uk/sounds/series/b070pf9k