

KS5 PSHE Curriculum

Three core themes run throughout the PSHE curriculum		
Health & Wellbeing (Core Theme 1)	Relationships (Core Theme 2)	Living in the Wider World (Core Theme 3)

58 PSHE lessons in Year 12	Total: 82 lessons covering every aspect required for a comprehensive PSHE & Careers provision which meets the needs of our students.
24 PSHE lessons in Year 13	

Unit Headings					
Year 12	Year 12	Year 12	Year 12	Year 12	Year 12
An Introduction to Sixth Form Life	Wellbeing (Life)	Understanding Society	Developing Study Skills	Relationships & Sexual Health	Careers & Aspiration
Year 13	Year 13	Year 13	Year 13	Year 13	Exam Season
Drugs & Risk Education	Relationship Safety	Finance	Thinking Like an Undergraduate	Thinking Like an Undergraduate	

Statutory RSE Topics	Statutory Health Topics
Topic 1: Families	Topic 1: Mental Wellbeing
Topic 2: Respectful Relationships, including Friendships	Topic 2: Internet Safety & Harms
Topic 3: Online & The Media	Topic 3: Physical Health & Wellbeing
Topic 4: Being Safe	Topic 4: Healthy Eating
Topic 5: Intimate & Sexual Relationships, including Sexual Health	Topic 5: Drugs, Alcohol & Tobacco
	Topic 6: Health & Prevention
	Topic 7: Basic First Aid
	Topic 8: Changing Adolescent Body

Year 12 Curriculum Overview

Key
GB: Gatsby Benchmark Careers Standard H: Health & Wellbeing (Core Theme 1)
R: Relationships (Core Theme 2) L: Living in the Wider World (Core Theme 3)

Y12 – An Introduction to Sixth Form Life				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
-Widening Participation Programme (University of Bristol) -Setting your Subject Specific Alps Minimum Expected Grades -Education & Part-Time Employment – Getting the Right Balance	-Careers -Employability Skills Booklet -Student Services	-LUCID Testing	-Plagiarism	-Character & Culture Quiz -Reflection & Evaluation Survey
L1, L2, L3, L8 GB7	L1, L2, L3, L4 GB1			

Y12 – Wellbeing (Health)					
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
-EPQ Launch -Work Experience Launch	-EPQ - Introduction to My Life and - Personal Growth	-EPQ - Self-Awareness	-EPQ -Managing Change	-EPQ -Connections	-EPQ -Self Care, Self-image and Pride -Reflection & Evaluation Survey
GB6	H1	H4	H1,H4	H6,H7	H6

Y12 – Understanding Society				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
-Local & National Politics -How to Vote -EPQ	-PPE Week 1	-Extremism & Hate Speech -EPQ	-Radicalisation Online / Intolerance & Radicalisation -EPQ	-Social Justice -Reflection & Evaluation Survey -EPQ
	N/A	R25	R21, R23, R24, R25	R25

Y12 – Developing Study Skills					
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
-Work Experience Week -EPQ Week	-Chunking to Revisit Information -Cognitive Load Theory -EPQ	-Flipped Learning -Interleaving -EPQ	-Keeping Active During Revision -Spacing & Timing of Revision	-Using Flash Cards for Revision -Reflection & Evaluation Survey -EPQ	Getting into Your Top Choice Seminars (five lessons)
L8, L9, L10 GB6			H13		H1, L2, L3 GB3, GB7

Y12 – Relationships & Sexual Health				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
-Feminism -Toxic & Positive Masculinity	-Gender Identity, Transgender & LGBT+ -Guest speaker: safer streets Healthy relationships workshop	-STDs & STIs - Guest speaker: safer streets Healthy relationships workshop	-Date Rape, Consent & Sexual Assault	-Miscarriage & Unplanned Pregnancy -Reflection & Evaluation Survey
R1, R2	R2, R3, R6, R7	H18, H19, H20	R11, R12, R13	R18

Y12 – Careers & Aspiration				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
-Post 18 – Personal Branding	-Post 18 – Applications	-PPE Week 2	-Post 18 Destinations Week (25 lessons)	-Organisation of Work Experience & Personal Statements -Reflection & Evaluation Survey
L5, L6 GB1	L1, L2, L3 GB1	N/A	L1, L2, L3, L4, L5, L6, L7 GB1, GB2, GB3, GB5, GB7	L9, L10 GB6

Y13 – Drugs & Risk Education				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
-An Introduction to Y13	-Addiction: Class A Drugs	-Substance Abuse: Class B Drugs	- Guest speaker: Alcoholics Anonymous	--Prescription / Class C Drugs -Reflection & Evaluation Survey
	H21, H22, H23	H21, H22, H23	H21, H22, H23	H21, H22, H23

Y13 – Personal Health and Safety				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
-Sex & The Media	-Coercive & Controlling Relationships	-Alice Ruggles Trust – Relationship Safety -Guest speaker: Safer Streets Healthy Relationships	-Alice Ruggles Trust – Relationship Safety -Guest speaker: Safer Streets Healthy Relationships	-Alice Ruggles Trust – Relationship Safety -Reflection & Evaluation Survey
L20, L21	R5, R6, R8	R1, R5, R6	R8, R9	R22

Y13 – Personal Finance				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
-Independent Living: living away from home and taking a gap year, health at university and away from home	Student finance presentation	--Student Banking: budgeting and finance, handling finance, tax and welfare - Applying for Student Finance: applying for tuition fees, maintenance loans, grants and bursaries	-Payday Loans & Debt	-Pensions -Reflection & Evaluation Survey
L1, L2, L3	L13, L14	L18	L18	L14

Y13 – Thinking Like an Undergraduate				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
Year 13 PPE week	PiXL: Thinking Like an Undergraduate – Education	PiXL: Thinking Like an Undergraduate – Dance and Performing Arts	PiXL: Thinking Like an Undergraduate – Psychology	PiXL: Thinking Like an Undergraduate – Classics
	LORIC skills	LORIC skills	LORIC skills	LORIC skills

Y13 – Thinking Like an Undergraduate				
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
Year 13 assessment week	PiXL: Thinking Like an Undergraduate – English Literature	PiXL: Thinking Like an Undergraduate – Biological Sciences	A Level Examination period	A Level Examination period
	LORIC skills	LORIC skills		