

BTEC Diploma in Sport KS5 Curriculum Overview

Links to KS4		Students will draw on their knowledge from various areas of KS4. Core practical PE sessions have strong relevance in many modules, such as muscular, skeletal, cardiac and respiratory systems being part of the Anatomy and Physiology modules. If students have studied level 2 BTEC First in Sport prior to commencing the level 3, the modules and specification consistently underpin the work completed at level 3 - with many modules named the same in both. GCSE PE students will also have a strong background of knowledge to draw from towards the level 3 through their work analysing sporting performance, studying the body systems and learning the sociocultural impact of sport.					
Intent	Statement of Intent	Students will develop a thorough understanding of all 9 different wide ranging modules. They will be able to complete independent coursework which will include both lesson information and their own research. Students will also develop their evaluative and critical thinking skills towards examinations. Furthermore, students will develop a deep understanding of sport in a variety of contexts such as the perspective of a coach, the business of sport and analysis of performance. Through their studies and research, students will have a strong understanding of possible pathways and careers involved in sport and will be well positioned for a potential future involved in it.					
	Timeline	Term 1 - 7 Weeks	Term 2 - 7 Weeks	Term 3 - 6 Weeks	Term 4 - 6 Weeks	Term 5 - 6 Weeks	Term 6 - 7 Weeks
Implementation (Year 12)	Year 12 Overview	Students begin with Unit 1: Anatomy and Physiology alongside Unit 22: Investigating Business in the Sport and Active Leisure Industry. Both of these are assessed externally in an exam and an externally marked assignment. The course then moves on to Unit 4: Sports Leadership alongside Unit 23: Skill Acquisition in Sport. These are both assessed through coursework. The year finishes off with Unit 24: Sports Performance Analysis, which is also assessed via coursework.					
	SOW	Unit 1: Anatomy and Physiology & Unit 22: Investigating Business in the Sport and Active Leisure Industry		Unit 4: Sports Leadership & Unit 23: Skill Acquisition in Sport		Unit 24: Sports Performance Analysis	
	Assessment Type & Unit Focus	Unit 1: Learners explore how the skeletal, muscular, cardiovascular and respiratory systems function and the fundamentals of the energy systems. Written examination . 1.5 hours.80 marks. Unit 22: Learners investigate how business operates in the sport and active leisure industry and how it responds to trends and other influences to meet the needs of clients and to benefit the business. Supervised Assessment, written submission. 64 marks.		Unit 4: Learners study what makes a good leader, the different capacities of this role, and the leadership skills and techniques necessary when leading activities in different roles. Assessed through coursework submission, and delivery of a practical session. Unit 23: Learners study the factors that contribute to a skilled performance in sport and examine how sports performers learn and develop their skills. Assessed through coursework and research tasks.		Unit 24: Learners will study methods of performance analysis, benchmarks for performance, and practically develop and use tools for analysing performance and providing feedback. Assessed through coursework, research tasks and reporting on analysis of sporting performance	
Implementation (Year 13)	Year 13 Overview	Unit 2: Fitness Training and Programming for Health, Sport and Well-being, alongside Unit 5; Application of Fitness Testing. Following on from this, Unit 6: Sport Psychology runs alongside Unit 3: Professional Development in the Sports Industry.					
	SOW	Unit 2: Fitness Training and Programming for Health, Sport and Well-being & Unit 5; Application of Fitness Testing				Unit 6: Sport Psychology	Unit 3: Professional Development in the Sports Industry
	Assessment Type & Unit Focus	Unit 2: Learners explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and well-being. Assessed through a 2.5 hour written exam worth 60 marks. Unit 5: Learners gain an understanding of the requirements of fitness testing and learn how to safely conduct a range of fitness tests for different components of fitness. Assessed through research tasks, coursework submission and delivery of a practical session on fitness tests.				Unit 6: This unit covers the psychological dimensions of sport, and introduces psychological techniques that can be used to enhance performance. Assessed through coursework and research tasks.	Unit 3: Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities. Assessed through an interview process and coursework.
	Topic Texts	Hodder Education A&P Journals, Hodder education Sports Psychology Journals, A&P Pearson revision guide, Pearson Unit book 1 & 2. 'Mind Games, Determination, doubt and lucky socks: the insiders guide to the psychology of elite athletes' - <i>Chrissie Wellington</i> Sports and Leadership - Improving performance and enterprise' - <i>J. Paul Briggs</i>					
Impact	Year 12 Review Points	RP1: T1, Wk3		RP2 (PPE1): T3, Wk2			RP3 (PPE2): T6, Wk4
	Year 13 Review Points		RP1 (PPE1): T2, Wk1		RP2: T4, Wk1	RP3 (PPE2): T5, Wk1	
	How It Is Used / Skills Set Developed / Outcomes	Evaluating research and theories in sport develops critical thinking skills. Students are encouraged to consider the impact of each module and area they cover and establish links between them, which they can relate to sport in society. They are taught a variety of independent methods of learning through research, coursework and practical planning which will stand them in good sted for any future role.					
	Links to Higher Education	BTEC Diploma in Sport Level 3 is not a pre-requisite for a degree and so year 1 will repeat a lot of Level 3 content which means TPAT Sixth Form students are getting a strong foundation to build from. Wide range of modules for differing topics enables students to apply for most Sports related degrees with a solid base of experience on the topic.					
	Careers in the Curriculum	Throughout the course, we update our careers board regularly. During different modules the pupils are consistently spoken to about which jobs the module relates to. There is also a module on careers in sport, whereby pupils can do a mock application and interview process for any sports job of their choice.					