

## *BTEC Sport*

The Sport and Active Leisure industry has outperformed other UK economic sectors for many years, and will continue to do so through the 2012 Olympic legacy. You will gain knowledge, skills and practical competence to compete for employment in this exciting sector through enrolling on the BTEC Level 3 Diploma in Sport. You will develop knowledge of both practical and theoretical elements of sport, through studying nine units that encompass a wide range of knowledge relevant to today's sports industry. These will range from, 'The Physiology of Fitness', to 'Practical Team Sport', via 'Sports Coaching and Development'.

### **Student Profile**

A successful student will need:

A strong interest in wider aspects of sport.

A positive attitude towards self improvement in team and individual sports.

Aware of, and keeps up to date with current issues in sport.

Be prepared to work and research independently using a variety of sources.

### **Course Content (EDEXCEL)**

**This qualification is equivalent to two A levels**

Nine units will be studied, six are mandatory, three of which being externally marked.

Mandatory units are:

- Anatomy and Physiology in Sport
- Fitness Training and Programming for Health, Sport and Well-being
- Professional Development in the Sports Industry
- Sports Leadership
- Investigating Business in Sport and the Active Leisure Industry
- Skill Acquisition in Sport

The three optional units may include: Application of Fitness Testing, Work Experience in Active Leisure and Sports Injuries.

### **Skills Gained**

The ability to apply and adapt a wide range of skills and techniques effectively in different types of physical activity.

The knowledge, skills and techniques required to perform effectively in physical activities.

Develop critical evaluation skills, applying them in different sporting contexts.

The ability to analyse sports performance and plan for improvement.

### **The Future - What Next?**

This nationally recognised qualification is gaining in popularity with post 16 students, and can lead to university, or directly into employment, which may be locally, nationally or internationally. The BTEC level 3 Diploma in Sport is recognised as an ideal course to prepare you for degree level sports qualifications offered by various universities in this country and also abroad such as USA/Canada.



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**'Potential into Performance'**

*Building Your Future Together*