

Sixth Form PSHE Overview – Year 12

Term 1 – Organisation

Date / Session	An Introduction to Sixth Form Life
S1 – Monday 11 th September	Widening Participation Programme (University of Bristol) Setting your Subject Specific Alps Minimum Expected Grades Education and Part Time Employment – Getting the Right Balance
S2 – Monday 18 th September	Careers – Employability Employability Skills Booklet and Student Services
S3 – Monday 25 th September	Lucid reading tests
S4 – Monday 2 nd October	Plagiarism
S5 – Monday 9 th October	Quiz PSHE Reflection & Evaluation Survey (Term 1)

Term 2 – Communication

Date / Session	Person	al Wellbeing (Health)
S1 – Tuesday 31 st October	EPQ Launch – whole of Year 12 (RB)	
	Work Experience Launch –	whole of Year 12 (MK)
S2 – Tuesday 7 th November	Guest speaker: IPSUM (mental health and well-being)	
S3 – Tuesday 14 th November	Guest speaker: Lift Psychology	
	PiXL Wellbeing – Introduction to wellbeing	
S4 – Tuesday 21 st November	EPQ: Guest speaker Victoria Yuskaitis (Uni of Southampton) (RB and EPQ Students)	PiXL Wellbeing My Health – Being Active
S5 – Tuesday 28 th November	EPQ (RB and EPQ Students)	PiXL Wellbeing My Health – Being mindful
S1 – Wednesday 20 th December	EPQ (RB and EPQ Students)	PiXL Wellbeing – Recharge PSHE Reflection & Evaluation Survey (Term 2)

Term 3 - Leadership

Date / Session	Understanding Society	
S1 – Wednesday 3 rd January	EPQ (RB and EPQ Students)	Local & National Politics / How to Vote
S2 - Wednesday 10 th January	PPE Week 1	
S3 – Wednesday 17 th January	EPQ Research trip to University of Southampton	Extremism and Hate Speech
S4 – Wednesday 24 th January	EPQ (RB and EPQ Students)	Radicalisation Online / Intolerance & Radicalisation
S5 – Wednesday 31 st January	EPQ (RB and EPQ Students)	Social Justice PSHE Reflection & Evaluation Survey (Term 3)



Term 4 – Independence

Date / Session	Developin	g Study Skills
S1 – Thursday 22 nd February	EPQ Week (RB and EPQ Students)	Work Experience Week
S2 – Thursday 29 th March	EPQ (RB and EPQ Students)	PiXL Metacognition Chunking to Revisit Information & Cognitive Load Theory
S3 – Thursday 7 th March	EPQ (RB and EPQ Students)	PiXL Metacognition Flipped Learning & Interleaving
S4 – Thursday 14 th March	Safe Drive Roadshow (sessions 4	and 5)
S5 – Thursday 21 st March	EPQ (RB and EPQ Students)	PiXL Metacognition Keeping Active During Revision & Spacing & Timing of Revision PSHE Reflection & Evaluation Survey (Term 4)
Tuesday 26 th March	Peter Rawling (PiXL6) – Getting i	nto Your Top Choice Seminars
Thursday 28th March	EPQ Marketplace event	

Term 5 – Resilience

Date / Session	Relationships & Sexual Health
S1 – Friday 19 th April	Feminism and Masculinity
S2 – Friday 26 th April	Gender Identity, Transgender & LGBT + Guest speaker: Safer Streets Healthy Relationship workshop
S3 – Friday 3 rd May	STDs & STIs Guest speaker: Safer Streets Healthy Relationship workshop
S4 – Friday 10 th May	Date Rape, Consent & Sexual Assault
S5 – Friday 17 th May	Miscarriage & Unplanned Pregnancy PSHE Reflection & Evaluation Survey (Term 5)

Term 6 – Aspiration

Date / Session	Careers & Aspiration
S1 – Monday 10 th June	Post 18 – Personal Branding
S2 – Monday 17 th June	Post 18 – Applications
S3 - Monday 24 th June	PPE Week 2
S4 – Monday 1 st July	Post 18 Destinations Week
S5 – Monday 8 th July	Organisation of Work Experience & Personal Statements PSHE Reflection & Evaluation Survey (Term 6)