

Sixth Form PSHE Overview - Year 13

Term 1 – Organisation

Date / Session	Drugs and Risk Education
S1 – Monday 11 th September	An Introduction to Y13 (OR)
S2 – Monday 18 th September	Substance Abuse: Class A Drugs
S3 – Monday 25 th September	Drugs & Addiction UCAS Deadline – Personal Statement (second draft) / Personal Statement (final draft for those with the 15 th October 2022 deadline)
S4 – Monday 2 nd October	Guest speaker: Alcoholics Anonymous
S5 – Monday 9 th October	Prescription / Class C Drugs PSHE Reflection & Evaluation Survey (Term 1)
Friday 16 th October	UCAS Deadline – Medicine, Dentistry, Veterinary Medicine / Science UCAS Deadline – All courses at the Universities of Oxford & Cambridge

Term 2 - Communication

Date / Session	Personal Wellbeing (My Life)
S1 – Tuesday 31 st October	PPE Week 1
S2 – Tuesday 7 th November	PiXL Wellbeing My Life – Introduction to My Life and Personal Growth
S3 – Tuesday 14 th November	Guest speaker: LIFT Psychology PiXL Wellbeing My Life – Self Awareness UCAS Deadline – Personal Statement Deadline (final draft)
S4 – Tuesday 21 st November	PiXL Wellbeing My Life – Managing Changes
S5 – Tuesday 28 th November	PiXL Wellbeing My Life – Connections
S1 – Wednesday 20th December	PiXL Wellbeing My Life- Self Care, Self- image and Pride PSHE Reflection & Evaluation Survey (Term 2)

Term 3 – Leadership

Date / Session	Personal Health & Safety
S1 – Wednesday 3 rd January	Sex & The Media
S2 – Wednesday 10 th January	Toxic & Positive Relationships Guest speaker: Safer Streets Healthy Relationship workshop
S3 – Wednesday 17 th January	Alice Ruggles Trust – Relationship Safety Guest speaker: Safer Streets Healthy Relationship workshop
S4 – Wednesday 24 th January	Alice Ruggles Trust – Relationship Safety
S5 – Wednesday 31 st January	Alice Ruggles Trust – Relationship Safety UCAS Deadline – Entry deadline for the majority of undergraduate courses PSHE Reflection & Evaluation Survey (Term 3)



Term 4 – Independence

Date / Session	Personal Finance
S1 – Thursday 22 nd February	Independent Living: living away from home and taking a gap year, health at university and away from home.
S2 – Thursday 29 th March	PPE week 2
S3 – Thursday 7 th March	Student Banking: budgeting and finance, handling finance, tax and welfare.
S4 – Thursday 14 th March	Applying for Student Finance – presentation covering the mechanics of applying for tuition fees, maintenance loans, grants and bursaries.
S5 – Thursday 21 st March	Payday loans and debt PSHE Reflection & Evaluation Survey (Term 4)

Term 5 – Resilience

Date / Session	Mental Wellbeing (My Mind)
S1 - Friday 19 th April	Year 13 assessment week
S2 – Friday 26 th April	PiXL Wellbeing My Mind – An introduction to my mind, healthy body and healthy mind.
S3 – Friday 3 rd May	PiXL Wellbeing My Mind – Mental health, stigma and feelings.
S4 – Friday 10 th May	PiXL Wellbeing My Mind – Emotionally fit and emotional intelligence
S5 – Friday 17 th May	PiXL Wellbeing My Mind – Self management and resilience PSHE Reflection & Evaluation Survey (Term 5)

Term 6 – Aspiration

Date / Session	A Level Examination Period
S1 – Monday 10 th June	A Level Examination Period
S2 – Monday 17 th June	A Level Examination Period
S3 – Monday 24 th June	A Level Examination Period
S4 – Monday 1 st July	N/A
S5 – Monday 8 th July	N/A